

# Amy Matlock

## *Physical Education Head Girls Basketball*

matlocka@friscoisd.org | 469-633-5455 ext. 35440



### **Bio & Education**

Coach Matlock is completing her 15<sup>th</sup> year in education. She came to IHS from Highland Park High School where, during her tenure, she led the Lady Scots to the playoffs 5 out of 6 years, including a 2012 team which advanced to the regional semifinals, one of the deepest playoff runs in Lady Scots' history. In addition to her coaching duties, Matlock is the Women's Coordinator and teaches PE. Coach Matlock graduated from Slaton High School in 1993 and attended Clarendon College, where she was named basketball team captain and participated in the National Small College Athletic Association Championship Tournament. She earned a Bachelor's degree in Exercise and Sport Studies and a Master's degree in Physical Education graduating Summa Cum Laude.

### **Course(s) Taught**

Foundations of Personal Fitness  
Individual Sports  
Weight Lifting  
Aerobic Fitness  
Partners Physical Education

### **Tutorials**

Monday/Wednesday 8:30 am  
By Appointment

### **Activities/Hobbies**

Head Coach for Knights Women's Basketball  
Assistant Campus Coordinator  
Physical Education and Health Department Head