



*Inspire to Learn.  
Empower to Excel.*

*The Knights Code*

*Integrity*

*Unity*

*Loyalty*

*Courage*

*Perseverance*

*Service*

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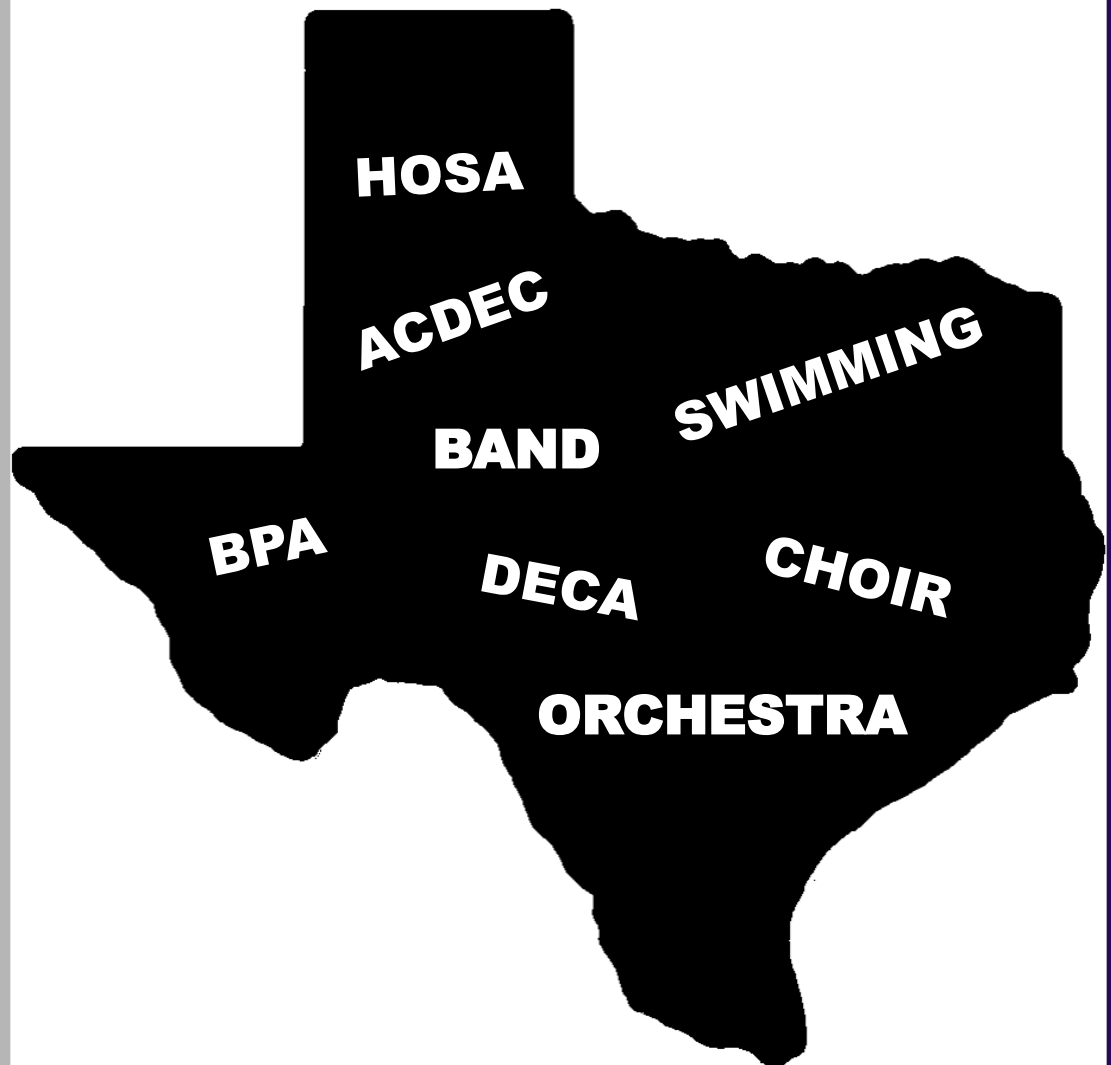
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# Independence Update

FEBRUARY 16, 2018



## IHS IS STATE BOUND!

Congratulations to all our hard  
working Knights and Good  
Luck at State!!



## Notable Knights

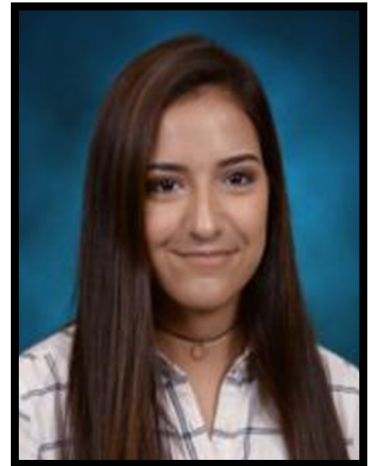
### Brenlee Wright

Brenlee Wright exemplifies the Integrity trait of The Knight's Code in nearly all that she does in class. She is 100% committed to being a good student and is invested in the learning process. Brenlee turns in her work to the best of his abilities, and never allows herself to turn in anything less. I thoroughly enjoy having Brenlee in class as she is so committed to her schoolwork, and committed in the right way; with integrity.



### Alejandra Salazar

Alejandra Salazar exemplifies the Service trait of The Knight's Code because she is always helping others out whenever they need something. She always goes out of her way to make sure everyone has a good day. She truly resembles what it means to be a Knight!



### Katie Wilmoth

Katie Wilmoth exemplifies the Courage trait of The Knight's Code. She is always going out of her way to be nice to everyone and she helps me out with things. Thank you for being a good friend Katie.





## Notable Knights

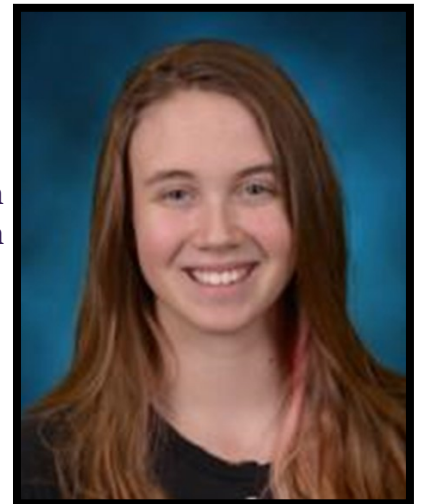
### Lauren Kenyon

**Lauren Kenyon exemplifies the Unity trait of The Knight's Code. Lauren is always being positive and is constantly sharing her happiness with others. She's one of the kindest students I know at Independence and she always dedicates her day to making someone smile.**



### Regan Parks

**Regan Parks exemplifies the Loyalty trait of The Knight's Code. She is the most loyal person I know and believes in everybody she knows. She is never mean to anybody and never does any less than perfection. She is a true Knight.**



### Katie Lingafelter

**Katie Lingafelter exemplifies the Perseverance trait of The Knight's Code. Katie is a student you want in a class. She works hard, brings humor, and works well with all her peers. She has lively and appropriate antics and is always prepared for class. Katie is extremely well rounded.**





# Knights in Action

**HOSA at the Area Competition.**  
**31 students qualified for State and an additional**  
**24 placed in the top 5 and are State alternates.**  
**Go Knights!!**



## **Healthcare Issues Exam** – Advances to State

Nitin Voley  
 Jaanhavi Honnavalli  
 Hershitha Nallapareddy  
 Shivani Gollapudi  
 Lua Akhtarkhavari  
 Monali Ardeshta

## **Community Awareness**

1<sup>st</sup> Place – Advances to State

Team of:

Shivani Gollapudi, Manogna Jarajapu, Samyuktha Saiganesh, Shriya Veluri

## **Creative Problem Solving**

4<sup>th</sup> place – alternate to state

Team of:

Amogh Gopinath, Pavan Aluru, Aravind Gudipudi, Rishi Patel

2<sup>nd</sup> place – Advances to State

Team of:

Leeba Farooqi, Saipriya Metla, Samritha Plakollu, Srinidhi Ravi

1<sup>st</sup> place – Advances to State

Team of:

Riya Agarwal, Jaanhavi Honnavalli, Khushi Iyengar, Hershitha Nallapareddy



# Knights in Action

## **Health Career Photography**

1<sup>st</sup> place – advances to state  
Caleb Zhang

## **Health Education**

5<sup>th</sup> place – alternate to state  
Wajiha Hashmi, Adeena Sheraz, Joseph Smoot

## **Human Growth and Development**

5<sup>th</sup> place – alternate to state  
Shaili Manda

## **Medical Assisting**

5<sup>th</sup> place – alternate to state  
Roopika Menta

## **Medial Innovation – Existing**

2<sup>nd</sup> place – advances to state  
Sam Seshadri, Mounika Kanagala, Abhishek Vijayakumar

## **Medical Innovation – Original**

4<sup>th</sup> place – alternate to state  
Devansh Kurup, Het Patel, Abhinav Vetcha

## **Medical Law and Ethics**

1<sup>st</sup> Place – Advances to State  
Bhoomika Venkatesh

## **Nutrition**

3<sup>rd</sup> place – Advances to State  
Noor Anjum

## **Pathophysiology**

5<sup>th</sup> Place – Alternate to State  
Carter Burns

## **Prepared Speaking**

5<sup>th</sup> Place – Alternate to State  
Nikita Bantey

## **Public Health**

5<sup>th</sup> Place – Alternate to State  
Team of:  
Vishal Mulukutla, Heran Patel, Milind Renjit, Akash Tyagi

## **Public Health**

2<sup>nd</sup> Place – Advances to State  
Team of:  
Mythili Bulusu, Roshni Gandhi, Matthew John, Shriya Katari

## **Public Service Announcement**

5<sup>th</sup> Place – Alternate to State  
Team of:  
Aryan Agrawal, Isaiah Hwang, Rohith Ram, Matthew Tao

## **Public Service Announcement**

2<sup>nd</sup> Place – Advances to State  
Team of:  
Anusha Dasara, Shaily Nandyala, Aarya Patil, Sai Sudanagunta

## **Transcultural Healthcare**

1<sup>st</sup> Place – Advances to State  
Riyann Jotheesh



## Knights in Action

**Varsity Boys Basketball is headed to the play-offs!  
Go Knights!!**



**JV Boys Basketball finished their season 27-0!  
Go Knights!**



**We had a large staff turnout for the Women's  
Soccer Teacher Appreciation Night.  
Go Knights!!**



# Upcoming Dates

## Saturday, February 17

**Regional 2 Wrestling  
Championship**  
8-4 @ IHS

**JV/V Track Trojan Relays**  
@ Standridge Stadium

**Varsity Forney Softball Tournament**  
@ Forney

**State Swimming Finals**  
Austin

**Royals Contest**  
Plano Sr. High

**Regional VASE Tournament**

**9th/JV Baseball Scrimmage  
vs. Celina**  
11:00/1:00 @ Celina

## Monday, February 19

**No School!**

## Tuesday, February 20

**DECA State-Dallas**

**JV Baseball vs. TCA**  
4:00 @ TCA

**JV2/JV/V Boys Soccer vs. LHS**  
4:30/6:00/7:30 @ IHS

**JV/V Softball vs. Plano West**  
5:00/7:00 @ Plano West

**JV/V Girls Soccer vs. LHS**  
5:30/7:00 @ LHS

**9th Baseball vs. Williams**  
6:30 @ PISD

**Varsity Boys Basketball Play-off  
vs. Little Elm**  
7:00 @ McKinney Boyd

## Wednesday, February 21

**DECA State- Dallas**

## Thursday, February 22

**DECA State- Dallas**

**Varsity Allen Softball Tournament**  
@ Allen

**JV Baseball Plano East  
Tournament**  
@ Plano East

**JV Black/JV Purple Boys Golf**  
@ Frisco Lakes

**JV Girls Golf**  
@ Frisco Lakes

**JV Tennis Flower Mound  
Tournament**  
@ Flower Mound

**Varsity Baseball Prosper  
Tournament**  
@ McKinney Boyd/Prosper HS

## Friday, February 23

**DECA State-Dallas  
ACDEC State- CCCC  
Wrestling UIL State -Houston**

**JV Baseball Plano East  
Tournament** @ Plano East

**Varsity Baseball Prosper  
Tournament** @ Prosper HS

**JV2/JV/ Boys Soccer vs. CHS**  
4:30/6:00 @ Memorial Stadium

**JV Girls Soccer vs. CHS**  
7:30 @ CHS

**Varsity Boys Soccer vs. CHS**  
7:30 @ The Star



# Aviation Dual Credit Information Meeting



**LeTOURNEAU  
UNIVERSITY**



**February 20th, at  
6:00 p.m.**

- Registration Process
- Overview of Program
- Career Opportunities
- Networking through corporate partners
- Locations and Costs

*\*If you are interested in taking aviation courses, please make plans to attend.\**

**CTE Center: 9889 Wade Blvd., Frisco, TX**

**Contact: Cullen Hippler**

Student Services Coordinator Global Admissions  
College of Aviation and Aeronautical Science  
Office: (214)932-1169 Cell: (903)738-5313  
E-mail: [CullenHippler@letu.edu](mailto:CullenHippler@letu.edu)





# Helping Kids Deal With Bullying

Please see the link to get more information on bullying prevention.

<http://www.friscoisd.org/departments/guidance-and-counseling/parent-education-opportunities>

## Seniors



Have you ordered your cap and gown?

If not, go to [www.jostens.com](http://www.jostens.com)

Wondering about extra graduation tickets?

Everyone will receive 10. If you would like to request more and have not done so already, please email [arellanom@friscoisd.org](mailto:arellanom@friscoisd.org)



## No School

There will be no school on Monday, February 19th.

## Parent Tech Survey

Please click this link to begin the Clarity survey:

<http://www.BByt.es/6L4YP>

Thank you for your time!

# IHS CHEER *and Mascot* TRYOUTS



**MANDATORY INTEREST MEETING**

February 5 ● 6:00 PM ● IHS ROOM A202

**APPLICATION DUE**

● February 23 ●

**CLINIC**

● March 5-7 ●

**TRYOUTS**

● March 8 ●

**GOT SPIRIT?**

QUESTIONS? EMAIL [SLADES@FRISCOISD.ORG](mailto:SLADES@FRISCOISD.ORG)

# SAGE Inclusion Shirt Pre-Order 2018



**\$13 each regular sizes**

**\$15 each 2XL and 3XL**

**50/50 Gildan SoftStyle, Regular Cut**

**Pre-Orders through February 19 ONLY**

**Pre-Orders to be delivered to campuses the 1st full week of March.**

**To Order:**

**<https://goo.gl/forms/ITbz31X6JCnP4i1C2>**



**PLEASE JOIN US!**  
**SUNDAY, APRIL 15, 2018**

**It's the 4<sup>th</sup> Annual IHS Knights  
Golf Booster Club Tournament**

***TWIN CREEKS GOLF CLUB***

*501 Twin Creeks Drive  
Allen, Texas 75013*

Registration begins at 12 pm  
Shotgun Start: 1:30 pm  
Buffet/Awards Ceremony immediately following

**SIGN UP & PAY NOW  
INCENTIVE  
\$110**

**After March 9<sup>th</sup>  
\$125 per golfer**

Price includes:  
Green fee/cart fee, driving range, GPS, buffet, *prizes and more!*

Prizes will be awarded for top 3 teams, longest drive and closest to pin.

Registration is now open via our website  
[www.IHSKnightsGolfTournament.com](http://www.IHSKnightsGolfTournament.com)