



Independence Update

JANUARY 27, 2017

SENIOR BONFIRE

*Inspire to Learn.
Empower to Excel.*

The Knights Code

Integrity

Unity

Loyalty

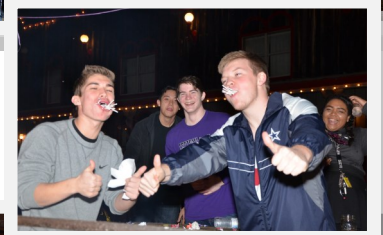
Courage

Perseverance

Service

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Senior Bonfire was a huge success! Thank you to the awesome Senior Booster Club for all their hard work!

Upcoming Dates

Saturday, January 28th

Boys Wrestling Coyote Classic
8:30 a.m. @ HHS

Winter Guard Competition
TBD @ Arlington Lamar HS

Monday, January 30th

JV Boys Wrestling Tournament
8/9 a.m. @ Keller HS

JV Boys Wrestling District
8/9 a.m. @ Prosper

Tuesday, January 31st

Boys Basketball vs. WHS
9/JV/4:45/6 @ Nelson MS
V/6:00 @ IHS

Girls Basketball vs. WHS
JV/4:45, V/6 @ IHS

Girls Soccer vs. CHS
JV/5:30, V/7:00 @ CHS

Boys Soccer vs. CHS
JV/5, V/6:30 @ IHS

Wednesday, February 1st

Tennis Dallas Challenger
5:00 @ T Bar M

Thursday, February 2nd

Powerlifting
TBD @ Reedy HS

Regional Diving Meet
5:00 @ Eubanks Nat.

Friday, February 3rd

Boys Basketball vs. CHS
JV/4:45, 9/6:00, V/7:15 @ CHS

Girls Basketball vs. CHS
JV/4:45, V/6 @ CHS

Boys Soccer vs. LSHS
JV/4:30, V/6:00 @ LSHS

Varsity Tennis Marcus Tourn.
TBD @ Flower Mound

Regional Swimming Prelims
12:00 @ Eubanks Nat.

Saturday, February 4th

Regional Swimming Finals
TBD @ Eubanks Nat.





What is a Notable Knight?

Students and staff who demonstrate one of the six core IHS traits are nominated by their peers and featured in the school as well as the newsletter each week.

Notable Knights

Courage

Marina Cassidy

Marina exemplifies the Courage trait of The Knight's Code. She is working really hard independently in all of her classes and tries her best. Maria always seems to be working hard and pushes herself even when she faces challenging work.



Loyalty

Tiffany Nguyen

Tiffany exemplifies the Loyalty trait of The Knight's Code. She is incredibly smart and does very well in school. However, being a good student isn't just some talent she was born with. Tiffany is loyal to her academics, and her grades and accomplishments are a direct reflection of the time and dedication that she puts into her studies. I can always count on Tiffany to turn in a high quality project or to score well on a test. Why? Because she is loyal to her commitments. She signed up for my class, so she is going to put her all into everything that I give her. As a teacher, there's nothing that makes me happier.



Perseverance

Seth Babb

Seth displays the Perseverance trait of The Knight's Code. He is a student in my Survey of Education class, and there are times when we have assignments that can be quite challenging. However, Seth is always determined to do his absolute best on these assignments. He isn't afraid to ask for help when he needs it, and he puts in a lot of time and effort to ensure that he turns in his best work. I think it is awesome that Seth always gives 100% and refuses to give up, even when he is faced with a challenge.





Notable Knights Service

Asia Nelson

Asia displays the Service trait of The Knight's Code. She is one of the most giving and selfless people that I have ever met. I had Asia in class last year, and she was always willing to help someone study or give feedback on a project or assignment. Asia is also an officer on the Royals Drill Team, and that is really where I have seen her servant heart shine. A lot of dancers dance for themselves or because they want the spotlight, but Asia dances for her TEAM. It doesn't matter if she is in the back corner or front and center- Asia still gives the same effort and does whatever she needs for our team to be successful.



Unity

Nikki Williston

Nikki displays the trait of Unity of The Knight's Code. I have known Nikki since last year, and one thing that I admire about her is the way she interacts with others. She is always so welcoming and inviting, and she is willing to talk to anyone. When you have a conversation with Nikki, she listens and is genuinely interested. I really appreciate how she is able to bring a group together; it makes her a great student and an even better person.



Integrity

Antisham Khan

Antisham Khan exemplifies the Integrity trait of The Knight's Code. He recently found a cell-phone in the bathroom. This young man turned it into the AP's office hoping that whoever had lost it would claim it. This is the true essence of being a KNIGHT. It is so easy to often make the wrong choices for self-gain. When we have integrity like this young man it makes our school the amazing place that it is.



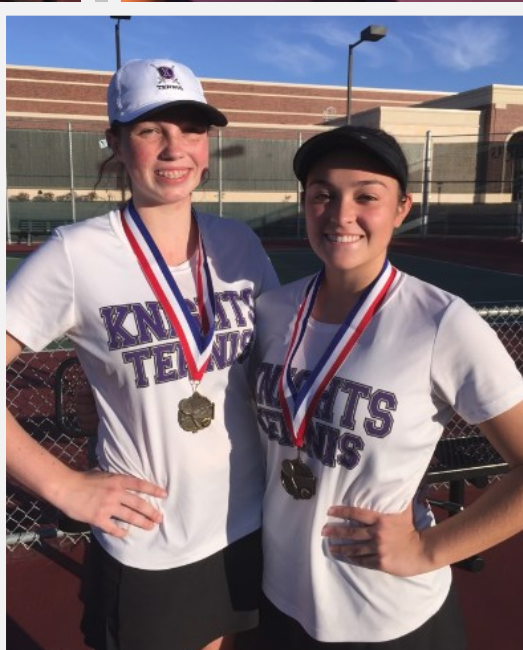
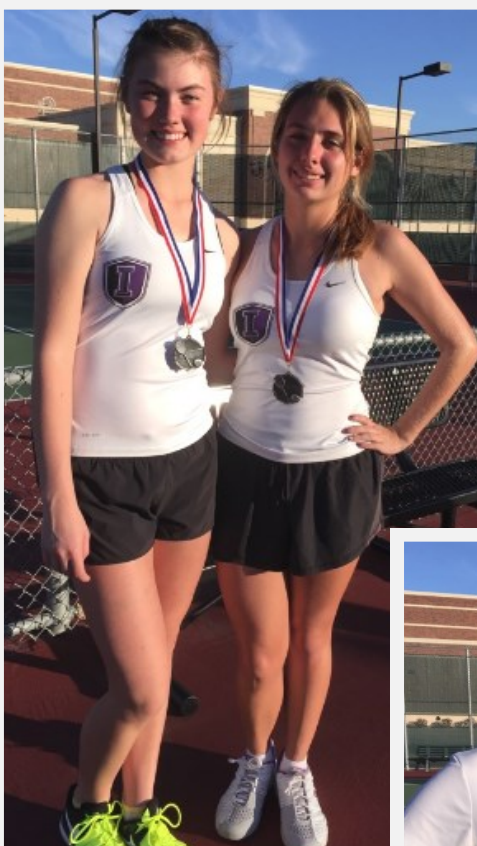


Knights in Action

TENNIS

The varsity tennis team played in the Frisco Polar Vortex Invitational tennis tournament this past Friday. **Sophia Quiroz** and **Shannon Connelly** won 1st Place in the Division II Girls Doubles. **Quinn Lapoint** and **Hannah Coursey** won 2nd in Division I Mixed Doubles. Also, **Trinity Vivona** and **Katie Strand** placed 2nd in Division I Girls Doubles. The varsity tennis team will travel to Grapevine for a tournament this Friday.

Good Luck Knights and Way to Go!





Knights in Action

SPEECH/DEBATE

The Knight Speech & Debate Team competed at the Richardson HS Speech Tournament on Saturday. **Shruthi Garimalla** placed 5th in Humorous Interpretation. **Alexis King** and **Adeena Sheraz** advanced to the Octofinal Rounds in Public Forum Debate, and **Simarleen Gulati** and **Param Veeramachaneni** advanced to the Octofinal Rounds in Lincoln-Douglas Debate.

Way to Go Knights!

SWIM/DIVE

Knights did fantastic on Saturday at our District swim meet! The following 11 swimmers are moving on to Regionals, as well as one of our divers, **Corinne Cox**, who also broke her own school record on Thursday night. As for team standings, the girls placed 5th and the boys placed 6th.

Tehya Morgan
Lauren Raube
Ashley Chu
Tiana Knott
Noah Levine
Colton Montgomery

Forrest Noey
Paul Han
Nathan Bradford
Brennen Kreps
Newman Zhang

Congratulations Knights!

ACDEC

Our Academic Decathlon team did a great job this weekend at regionals and qualified for state for our second straight year. The following students received medals this weekend:

Taha Hassan- Bronze in Honors Science and top IHS Honors participant
Anthony Zhang - Gold in Honors Math
Devarsh Pandya -Bronze in Scholastic Literature and Gold in Scholastic Math
Tahir Khan - Bronze in Scholastic Math and Gold with a perfect score in Scholastic Interview, and top Independence Scholastic participant
Mayank Nakra - Bronze in Varsity Economics and Silver in Varsity Literature
Shanumagathevan Kanagaraj - Silver Varsity Math
Anthony Para - Top Independence Varsity participant

Great Job Knights!



From Counseling

New Dual Credit Options Available next year to FISD Students

Frisco ISD has expanded their Dual Credit relationship with Collin College! Frisco ISD students will now have the opportunity to take more dual credit options than in previous years. To assist with relaying this information to parents and students, Collin College is hosting two Informational Parent Nights (parents and students need only attend one meeting). This meeting is considered **mandatory** if your student plans on taking a dual credit class for the 2017-18 school year. See the flyer in this newsletter for dates and times. The dual credit information for the 2017-18 school year has been updated in the FISD 2017-18 course catalog, on pages 44-52.

http://www.friscoisd.org/docs/default-source/resources-information/catalog_2017.pdf

Are you planning on taking an upper-level CTE course next year? Please see below! Certain upper-level CTE courses require the submission of the online Work-Based Learning application!

The **CTEC Work-Based Learning Program Participation Form** (Application) will be available for students beginning **January 16th** and will close on **February 17th**. The application link can be found on the CTEC website during this time period. All students interested in participating in one of the courses listed below **MUST** complete the Application.

We are using a new program for the application this year – the same program used by the FEF Scholarship Application. The instructions (attached) and the link to the application will be available on our website by January 16th.

The deadline for the completed application is Friday, February 17th. ** Incomplete and late applications will not be accepted. You must complete this application in order to be considered for these courses!

Courses listed below require a WBL Program Participation Form:

Architectural Design II	Emergency Medical Technician (EMT)
Child Guidance	Health Science Clinical
Practicum in Child Guidance	Pharmacology
Culinary Arts	Practicum in Government
Advanced Culinary Arts	Practicum in Graphic Design & Illustration
Education and Training	Practicum in Marketing
Practicum in Education and Training	Practicum in Veterinary Medical Applications
Electrocardiogram (EKG)	Sports Management



From Counseling

Course Registration Dates

The counselors will be meeting with students soon regarding course requests for the 2017-18 school year!

Jan. 31st- Feb. 3rd- 11th Grade

Feb. 6th- 9th- 10th Grade

Feb.10th-15th- 9th Grade

Announcements



SPIRIT DAY

FEBRUARY 2ND 10AM-9PM

15% OF ALL PURCHASES HELPS SUPPORT IHS
BASKETBALL---PLEASE MENTION YOU'RE WITH
INDEPENDENCE BASKETBALL!

LOCATION: CUSTER RD NEAR HWY 121

THANK YOU FOR YOUR SUPPORT!!



Announcements

When to Keep Your Child Home from School:

- Signs of severe illness, including fever, irritability, difficulty breathing, crying that doesn't stop with the usual comforting, or extreme sleepiness.
- Diarrhea (3 or more episodes of loose stools in 24 hours). *A child must be diarrhea free for 24 hours without the use of diarrhea suppressing medications.*
- Vomiting two or more times in 24 hours, unless a physician feels the cause of vomiting is not an infectious disease and the child is in no danger of becoming dehydrated. A child should have one or two meals without vomiting before returning to school. Your child may be sent home from school for vomiting one time.
- Temperature of 100 degrees or above (*must have temperature below 100 degrees for 24 hours before returning to school-without taking a fever reducing medication*).
- Questionable rash until a physician has determined the rash is not caused by an infectious disease.
- Known communicable disease must be treated for the appropriate amount of time as directed by a physician.
- Recommendation of a physician or school nurse.

2017 Independence Recruiting Seminar



NCAA Student/Athletes
Feb 6th
6:30pm
Lecture Hall @ IHS



For more info contact:
Coach Lavender
lavenderj@friscoisd.org



Seniors

Have you ordered your cap and gown?

If not, go to www.jostens.com ASAP to order!

Wondering about graduation tickets?

Everyone will receive at least 10 and the opportunity to request more. As soon as we get more info from the district we will let you know!



**Next Senior Booster Meeting
February 6, 7:00 p.m.
IHS Cafeteria**

January 9th Booster Meeting Minutes

Class of 2017 Facebook Page

2017-2018

KNIGHTS

CHEERLEADING
& MASCOT

TRYOUTS

MANDATORY PARENT INTEREST MEETING

February 6th
@ 6:00 p.m.
IHS Rm. A202

PACKETS DUE

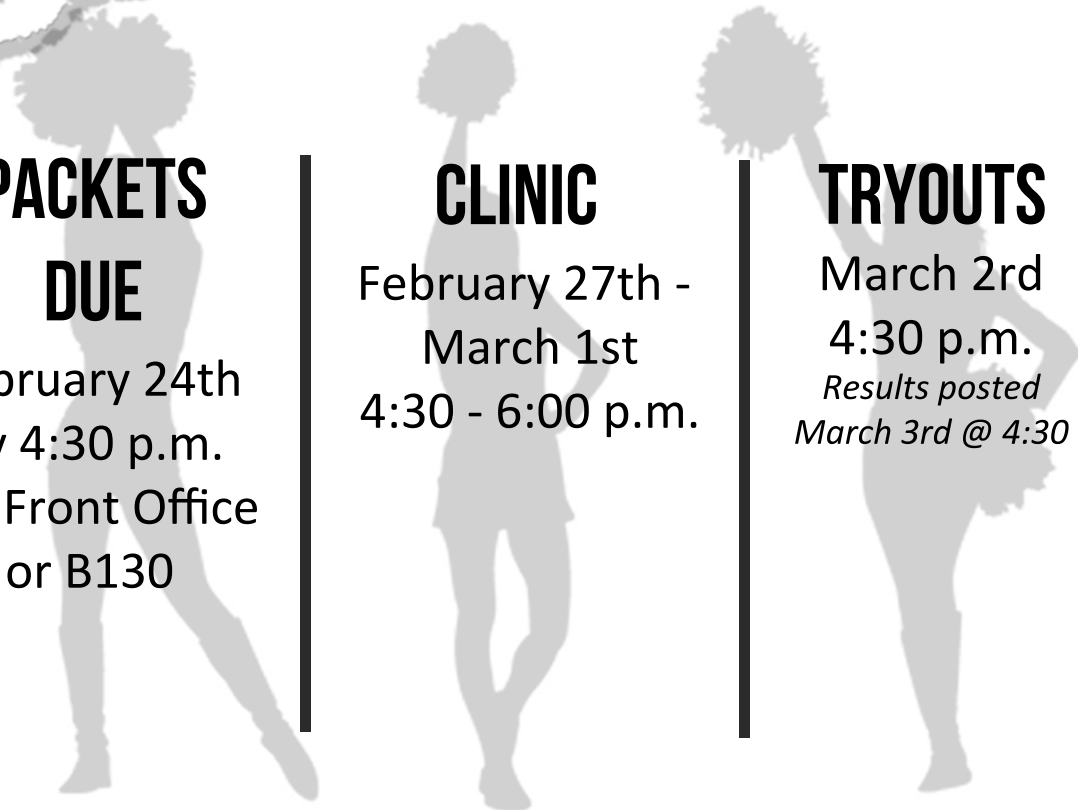
February 24th
by 4:30 p.m.
IHS Front Office
or B130

CLINIC

February 27th -
March 1st
4:30 - 6:00 p.m.

TRYOUTS

March 2nd
4:30 p.m.
*Results posted
March 3rd @ 4:30*



FRISCO ISD SAFE SCHOOLS AND STUDENT SUCCESS:

PARENTING SERIES

January 31, 2017
6:00 - 7:30 PM

Frisco ISD Administration Building
5515 Ohio Drive
Frisco, Texas
75035

THE PRICE OF PRIVILEGE

Smart, well-liked and seemingly confident teens from affluent, loving families are experiencing epidemic rates of depression, substance abuse and anxiety disorders – rates higher than in any other socioeconomic group. Materialism, pressure to achieve, perfectionism and disconnection are real challenges. In this session, parents will learn how to help their kids cope.

Use discount code DRLEVINE35 to receive a 35% discount and free shipping on the best-selling book, *The Price of Privilege*, at www.harpercollins.com.

FEATURING AUTHOR
DR. MADELINE
LEVINE



FRISCO ISD

Dual Credit

Parent Information

Meetings

Interested in learning more about Dual Credit? Join Us!

**FEB 1, 2017
6-8 PM**

**FOR STUDENTS OF :
CENTENNIAL, HERITAGE,
INDEPENDENCE, LEBANON
TRAIL AND LIBERTY HIGH
SCHOOLS**

**FEB 7, 2017
6-8 PM**

**FOR STUDENTS OF :
FRISCO, LONE STAR, REEDY
AND WAKELAND HIGH
SCHOOLS**

**PRESTON RIDGE CAMPUS
CONFERENCE CENTER
9700 WADE BLVD. FRISCO, TX 75035**



in partnership with



**COLLIN
COLLEGE**



FRISCO
INDEPENDENT SCHOOL DISTRICT

Advanced

Academics

Night

Learn about Pre-Advanced Placement (PAP) and Advanced Placement (AP) offerings.

WED

2/8

6:30 PM

**Lebanon Trail High School
5151 Ohio Drive
Frisco, Texas 75035**

Open to Parents and Students in Grades 5-12.

Thanks to the Frisco Gifted Association for providing refreshments.