

This is a message from Centennial High School, for all parents and guardians of 9<sup>th</sup> graders.

Next week Centennial High School will be conducting scoliosis screening of all 9<sup>th</sup> grade students. This screening is required by Texas state law. The dates of screening will be Tuesday, February 27<sup>th</sup>, and Wednesday, February 28<sup>th</sup>.

The purpose of scoliosis screening is to detect signs of abnormal curve of the spine in the earliest stages so that the need for treatment can be determined. Early treatment can prevent the development of a severe deformity which can affect the student's health and appearance.

The procedure for screening is simple. Screeners, including the nurse, who have been specially trained, will look at your student's back while he or she is standing and then bends forward. For this exam boys and girls will be screened separately and individually.

All students will be asked to remove their shirts or tops for this exam. For this reason we request that girls wear a sports bra on screening days.

Parents will be notified of the results of screening only if professional follow-up is necessary. This screening does not replace your student's need for regular health care and check-ups.

If, for religious reasons you do not wish to have your child screened, you must submit an affidavit of Religious Exemption to the nurse's office no later than Friday, February 23<sup>rd</sup>, 2018. A blank affidavit may be picked up from the nurse.

If your child was screened for scoliosis by a doctor within the last year, or is currently under a doctor's care for scoliosis, please present signed documentation from your doctor stating your child does not require re-screening to the nurse's office by February 23<sup>rd</sup>, 2018.

Questions may be addressed by contacting Ronda Wise, LVN, campus nurse, at 469 633-5608, or via email at [wiser@friscoisd.org](mailto:wiser@friscoisd.org).