



shopes@friscoisd.org | 469-633-5562

Bio & Education	
	the University of North Texas with a major in Kinesiology. This is my High School. I also coach Volleyball and Track.
Course Taught	
A1: Athletics A2: Health A3: Health A4: Conferer	B2: Health B3: Health
😤 Mo	onday and Wednesday 4:10-4:40
😤 A2	205
Activities/Hobbies	

In my spare time I love spending time with my friends, family and dog. I love to fly-fish, if I could be on a river every day, I would! Currently training for my 7th half marathon and completed one full marathon. Playing guitar is one of my favorite things to do as well.

