


CLASS OF 2021 FALL FRESHMAN GUIDANCE

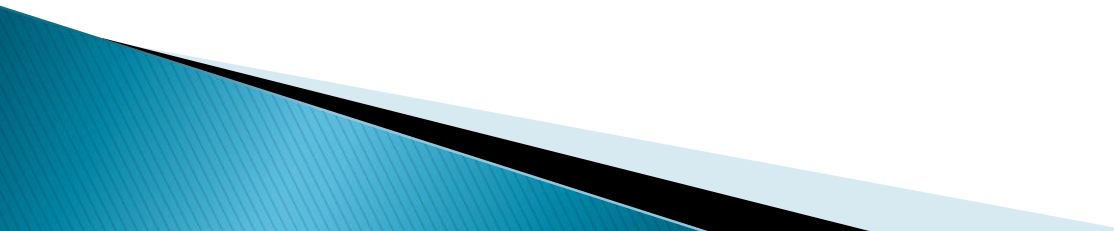
COUNSELORS:

Mrs. Casares	A–Bk
Mrs. Harrison	BL–Gi
Ms. Rutherford	GL–Ma
Mrs. Robinson	Mc–Ro
Ms. Chandler	Ru–Z
Ms. Villanueva	College & Career Counselor

How do I visit with my counselor?

- ▶ **Email**—Many of your questions can be answered through email so that way you are not pulled out of classes.
 - ▶ **Sign up**– Sign up online in the counseling center or from any electronic device.
 - ▶ **Scan the barcode** (flyers are up in the hall)
 - ▶ If you have an **emergency**, let Mrs. Cibran know so she can have a counselor speak with you immediately. Don't wait for us to send for you.
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How does my counselor help me?

- ▶ We are here to help you reach your full potential in high school and beyond.
 - ▶ Course planning, 4 year plans, course load
 - ▶ College and Career Exploration
 - Ms. Villanuava is a great resource, sign up to see her in the counseling office
 - ▶ Healthy Living– Social and Emotional
 - ▶ Resource– help you to find your place here at FHS!
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Remind 101 / Flex Offerings

Frisco High School Class of 2021

Join FHS Counseling Remind 101 Group
Receive text message reminders from the
Frisco HS counseling office about upcoming
events, opportunities, testing reminders and
deadlines that pertain to the class of 2021.

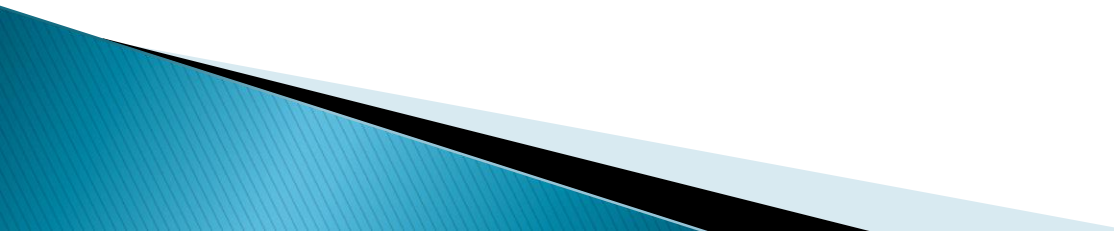
**Sign up by texting @bea6hf
To 81010**

- ▶ Counselor will hold Flex Time Activities:
- ▶ Mindful Mondays
- ▶ Walk in Wednesdays
- ▶ Flex Fridays
- ▶ Check calendar in front of late gate

PSAT Day – October 11th

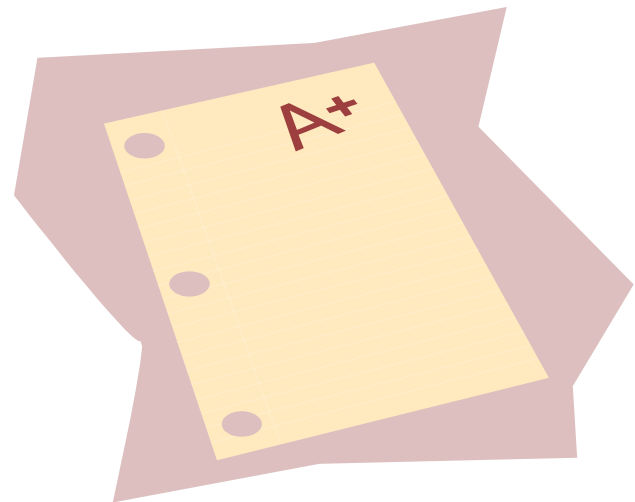
- ▶ All 9th grade students will have late arrival on this day. You will need to report to school at 12:30 that day.
- ▶ You will attend 3rd and 4th period B day classes.

**HOW MANY
CREDITS DO YOU
NEED TO
GRADUATE?**



26

How do I receive credits??



Credits are awarded for passed classes at the end of every semester. For example:

$$\begin{array}{r} \text{English I} = 1^{\text{st}} \text{ semester, } 80 = .5 \\ + \\ \text{English I} = 2^{\text{nd}} \text{ semester, } 72 = \underline{.5} \\ 1.0 \end{array}$$

**WHAT HAPPENS IF I
PASS ONE SEMESTER
AND FAIL ANOTHER
SEMESTER?**

Example:

English I – 1st semester: 65

English I – 2nd semester: 75

*Average 1st sem and 2nd sem:

$65 + 75 = 140 / 2 = 70 = 1.0 \text{ credit}$

However, failed semester classes go into your GPA as a **ZERO**, even if you average pass.

What is your GPA?

GPA IS YOUR **G**RADE
PPOINT **A**AVERAGE.
IT IS USED TO CLASSIFY
RANK IN CLASS. IT IS
DETERMINED AFTER
EACH SEMESTER.

**HOW DO I FIGURE
MY GPA?**



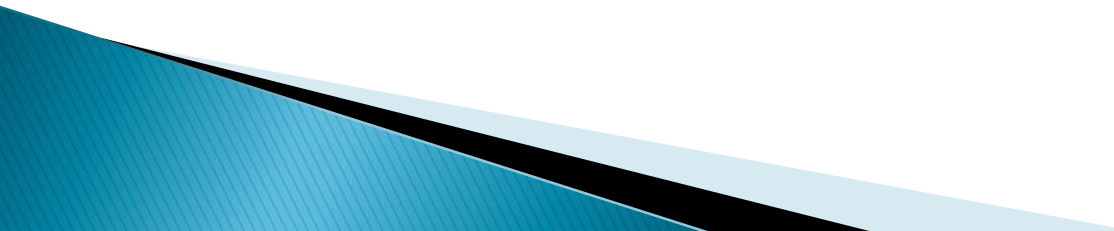
Grade Points are given based on whether your classes are:

AP/PAP (6.0 scale)

Regular (5.0 scale)

Dual Credit (5.5 scale)

See chart in your Academic Catalog
or ask your Teacher/Counselor



Examples of calculating grade points...

1st semester grades:

English I 85 = 3.5 grade pts.

Algebra I 80 = 3.0 grade pts.

Biology 70 = 2.0 grade pts.

World Geo 93 = 4.3 grade pts.

Add all grade pts. $3.5 + 3.0 + 2.0 + 4.3 = 12.8$

Divide total grade pts. By the number of courses

$12.8 / 4 = 3.2$ Grade point average

Another example using Pre-AP classes

1st semester grades

PAP English I 85 = 4.5 grade pts.

Algebra I 80 = 3.0 grade pts.

PAP Biology 70 = 3.0 grade pts.

PAP World Geo 93 = 5.3 grade pts.

Add all grade pts. $4.5 + 3.0 + 3.0 + 5.3 = 15.8$

Divide total grade points by number of classes

$15.8 / 4 = 3.95$ grade point average

**WHY IS YOUR GPA
IMPORTANT?**

The top 10% of the
class have automatic
admission to Texas
PUBLIC Universities.

UT-Austin is currently
7%




What do colleges look for in their applicants?

- ▶ They look at GPA and RANK, but they also look at:
 - Courses taken
 - Activities inside /outside of school
 - Hobbies/interests
 - What makes YOU stand out from all other applicants???????
 - Start NOW with getting involved in clubs/organizations and get connected!!!!

Advice for 9th graders

- ▶ Get connected!
 - Join a club or an organization
 - Look at the Organization wall across from the Counseling Office for Flyers
- ▶ Get organized!!!
- ▶ Do you know how to study?
- ▶ Do not procrastinate!!!
- ▶ Utilize tutoring (before and after school / Flex Time)
- ▶ Communicate with your teachers.
- ▶ Time management/ 24 hours in a day. 😊

What should I do if I'm struggling?

- ▶ Talk to your teachers and parents to identify what you need to work on.
 - ▶ Try different organization techniques—planner, HAC, homework folders
 - ▶ Make time to review notes each night after class.
 - ▶ Attend tutorials **REGULARLY** with SPECIFIC questions/topics for your teacher to explain.
 - ▶ Don't give up. Classes are difficult, but with hard work, persistence and working WITH your teachers/parents, you CAN do it. Focus on your growth.
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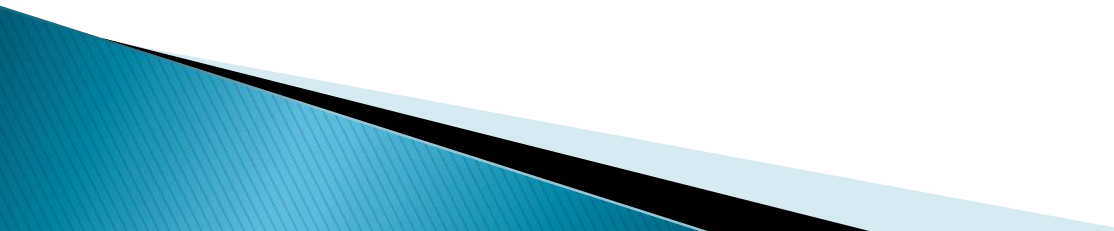
Roadtrip Nation in Family Connection

- ▶ www.Naviance.com
- ▶ Login as Frisky Raccoon into Family Connection (impersonate through Naviance)
- ▶ Careers -> Roadtrip Nation -> Leaders -> Sabry Tozin
 - Watch clip called "Challenges Get Easier"

Explore other Roadtrip Nation videos at home. This is a great resource with so many inspiring stories!

What is a
transcript?

Your High School Transcript

- ▶ **It is your scorecard!**
 - ▶ **It is how colleges/employers evaluate you.**
 - ▶ **It is the official record of:
semester grades and GPA/Rank**
- 

Grade Classification

▶ At the end of this year:

A student who has earned a total of **6** credits or more will be classified as a sophomore.

It is important to pass your classes so you can graduate on time!

**DISTINGUISHED
LEVEL OF
ACHIEVEMENT
MULTIDISCIPLINARY
ENDORSEMENT**

Need 26 credits to graduate

4 English credits

4 Math credits (includes Algebra 2)

4 Science credits (Includes Chem/Physics)

4 Social Studies credits

2 LOTE credits (same language)

1 PE credit

1 Fine Art

1 Technology credit

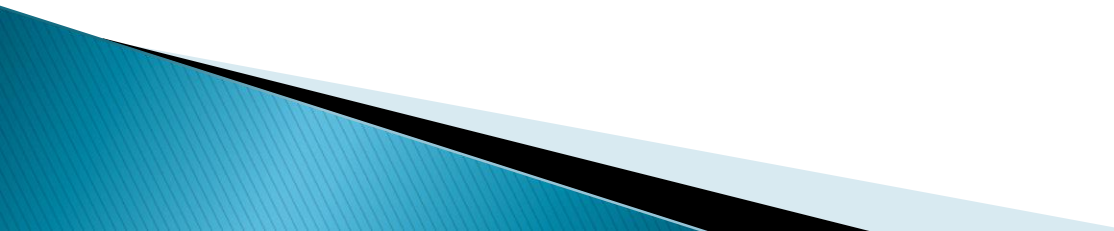
.5 health

.5 speech

4 elective credits



26 credits plus Endorsements

- *You will pick up your endorsements through your 26 credits...some will come from your core classes and some will come from your elective credits.
 - *Use electives to explore possible career choices.
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End of Course Exams : EOCs

5 tests to graduate:

English I*

Algebra I*

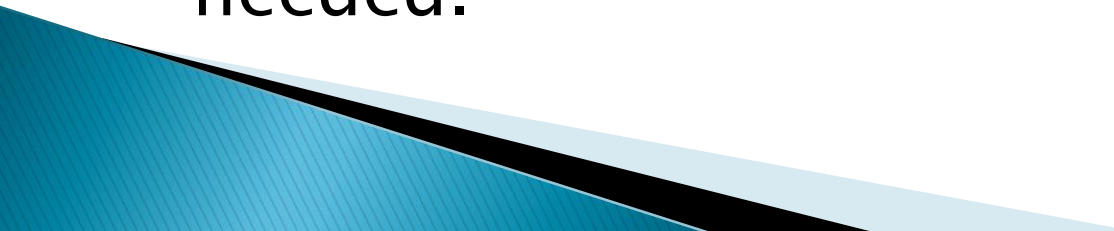
Biology*

English II

US History

*These are the three exams that most 9th grade students take in the Spring

Family Connection

- ▶ How do I get there????????
 - ▶ FHS website, click on family connections.
 - ▶ Student ID should be your username; birthdate (MMDDYYYY) should be your password.
 - ▶ Counselor can reset your information if needed.
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Website Exploration Activity

- ▶ Divide into 4 groups
- ▶ Each group will explore either Family Connection or FHS Website
- ▶ Use the notecard questions as a guide
- ▶ Use your phones
 - Pick 1 person to record your findings
 - Pick 1 or 2 people to share out to group
- ▶ Check these resources often for great information!

Help us Help you 😊

- ▶ Please type in the following address and complete the survey for us. This will enable us to best serve you!
- ▶ <http://tinyurl.com/17-18fhs>
- ▶ **Follow us on Twitter:**
 - FHS Counselors @friscocc
 - FHS Raccoons @fhsraccoons
 - #FHSRaccoons
- ▶ Have an Amazing Year!