

THE
NEWS
LETTER



DECEMBER 1, 2017

IMPORTANT INFORMATION

MARK YOUR CALENDARS

The Counselors will also be hosting **HOT TOPICS!** throughout the school year. These presentations will be over important information parents of high school students need to know.

(These dates are subject to change so please refer to the FHS website or future newsletters to confirm the dates.)

**All sessions will be held in the FHS Auditorium
beginning at 8:15 a.m.**

Students and Parents are welcome!!

**Wednesday, February 13, 2018
Post-Secondary options**

Counselors

Leigh Casares
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Counseling Secretary
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Kay West
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SCHOLARSHIP OPPORTUNITIES

1. 2017 ROTARY CLUB SCHOLARSHIP

This year the Rotary Club of Frisco will award a \$6,000.00 scholarship to two Frisco ISD graduating seniors. The scholarship awards are based on need, academic achievement, leadership, and participation in extra-curricular activities.

The completed scholarship application along with an official transcript must be mailed and postmarked no later than Thursday, March 22, 2018 to:

**The Rotary Club of Frisco
P.O. Box 130
Frisco, TX 75034**

After review of the applications and interviews with applicants, the Rotary Scholarship Committee will determine the recipient and present the award at a monthly Rotary meeting. The Rotary Treasurer will issue a check for \$750.00 each semester of a reward recipient's attendance at junior college, college, or university for up to eight (8) semesters. The check will be made out to the junior college, college, or university of the student's choice with instructions for the funds to be applied to the reward recipient's account.

General Requirements:

1. The college or university must be a **Southern Association or state accredited college, junior college, or university.**
2. The recipient must be a full-time student, defined by taking a minimum of twelve (12) semester hours.
3. Recipients are required to maintain a 2.5 average on a four (4) point system or a 1.75 average on a three (3) point system.
4. Beginning with the recipient student's second semester, ensuing scholarship payments will be contingent on the student's presenting to the Rotary scholarship chair a transcript showing the grade point average for that semester and proof of registration for the next semester.
5. Recipients are asked to visit the Rotary Club of Frisco at least once each year and report on their progress of studies.
6. If the recipient drops out of school for two (2) consecutive semesters, their scholarship will be forfeited.
7. **Students whose parent is a member of Rotary International are not eligible for this scholarship.**

Please contact: Cynthia Hurley with any questions at (972) 668-6810 or churley@jhlegal.com

[For scholarship application form, please visit the files attached to this newsletter.](#)

2. FEF SCHOLARSHIP

ATTENTION 2018 FISD SENIORS!

FEF Scholarship Application
will be available on the FEF website
(www.friscoeducationfoundation.org)

Monday, November 27, 2017 at 10am!

Application Deadline

Friday, December 15, 2017 at 4pm!

No Exceptions!



IMPORTANT INFORMATION

1 – UPDATING YOUR FOUR-YEAR PLAN

Current Frisco HS 9th, 10th, and 11th Graders

MAKE UPDATES TO YOUR FOUR-YEAR PLAN THROUGH HOME ACCESS CENTER (HAC)

Monday, November 27th through Friday, January 12

The FHS Counselors encourage you to take time now to investigate course options available to you by using the [FISD Course Guide](#). Many courses require pre-requisites, so planning ahead can help to insure you are able to take the classes you want by the time you graduate.

PLEASE NOTE THE FOLLOWING:

1. **This is an activity that you need to complete mostly on your own.** Counselors will meet individually with students in February in order to confirm/discuss course selections for the 2018-2019 school year. **You may email your counselor or stop by the Counseling Office if you have a specific question that is NOT answered in this email or in the Course Selection Resources button provided on the [FHS Counselor Website](#).**

Counselors will offer two Flex Friday meetings to assist students updating their four-year plan on HAC. December 8th and January 12th during Flextime in the Lecture Hall. Chrome books will be provided.

2. See [Updating Your Four-Year Plan](#) for directions on how to update your plan in HAC.
3. If you are unable to find a certain class, it may be due to a grade restriction. Dual Credit courses, Aide positions and Late Arrival/Early Release will not show up for selection in Career Plan. You will be able to change courses not listed in Career Plan when you meet with your counselor individually in February.

****Keep in mind this is not mandatory, but is an opportunity for those who would like to make changes now. This will also insure that your Course Verification sheet that is given out in January through Social Studies classes is accurate.****

FHS Counselors; Leigh Casares (A- BK) Casareso@friscoisd.org / Mari Harrison (BL-Gi) Harrisma@friscoisd.org /Ashley Rutherford (GL-Ma) Rutherfa@friscoisd.org / Sarah Robinson (Mc-Ro) Robinsons@friscoisd.org / Kelli Chandler (Ru-Z) Chandlke@friscoisd.org /Jackie Cibran (Secretary) cibranj@friscoisd.org

2 – FLEX TIME WITH COUNSELORS at FHS

During flex time, the counselors will be offering some quick 15-20 minute activities or presentations focused on mindfulness, stress/anxiety relief, organization and many more topics. Click [HERE](#) to view the calendar for the current six weeks. No sign up necessary, just show up. We hope to see you there!

COUNSELOR FLEX TIME OFFERINGS: 3rd Six Weeks

Available to all students. No need to sign up, just show up. We hope to you see you there!

Monday	Tuesday	Wednesday	Thursday	Friday
Nov. 13 B Day	Nov. 14 A Day	Nov. 15 B Day	Nov. 16 A Day	Nov. 17 B Day
MINDFUL MONDAY STRESS BUSTER: Make Glitter Bottles Where: Lecture Hall		WALK-IN WEDNESDAY Where: Counseling Office and W119		FLEX FRIDAY Gobble 'til you Wobble Crafts Where: Lecture Hall
THANKSGIVING BREAK – Nov. 20-24				
Nov. 27 A Day	Nov. 28 B Day	Nov. 29 A Day	Nov. 30 B Day	Dec. 1 A Day
MINDFUL MONDAY Get your YOGA on! Where: W119		WALK-IN WEDNESDAY Where: Counseling Office and W119		FLEX FRIDAY Scholarship Talk Where: Lecture Hall
Dec. 4 B Day	Dec. 5 A Day	Dec. 6 B Day	Dec. 7 A Day	Dec. 8 B Day
MINDFUL MONDAY FEF Scholarship Help Where: W119		WALK-IN WEDNESDAY Where: Counseling Office and W119		FLEX FRIDAY 2018-2019 Course Selection Help Where: Lecture Hall
Dec. 11 A Day	Dec. 12 B Day	Dec. 13 A Day	Dec. 14 B Day	Dec. 15 A Day
NO MINDFUL MONDAY Counselors at HUNT MS		WALK-IN WEDNESDAY Where: Counseling Office and W119		FLEX FRIDAY Reindeer Games Where: Lecture Hall
WINTER BREAK – Dec. 18 - Jan. 2				
Jan. 1	Jan. 2 B Day	Jan. 3 B Day	Jan. 4 A Day	Jan. 5 B Day
HOLIDAY	STAFF DEVELOPMENT DAY	WALK-IN WEDNESDAY Where: Counseling Office and W119		FLEX FRIDAY SAT/ACT Sign-up Help Where: W119
Jan. 8 A Day	Jan. 9 B Day	Jan. 10 A Day	Jan. 11 B Day	Jan. 12 A Day
MINDFUL MONDAY FIGHT FOR BRIGHT: Thinking Positively Where: W119		NO WALK-IN WED Counselors at HUNT MS		FLEX FRIDAY 2018-2019 Course Selection Help Where: Lecture Hall

FOLLOW US ON TWITTER! PARENTS AND STUDENTS, TAG FHS!

[Click here to find teachers and organizations accounts](#)



Student and Parent EMPOWERMENT Program

STUDENT OPPORTUNITY CENTER
6928 MAPLE STREET FRISCO, TX
75033



Join us!

2017-2018 SCHEDULE

SATURDAYS 9 AM - 12 PM

SOCIAL MEDIA PART I
BY DAPHNE LEVENSON

14

OCT 2017

SOCIAL MEDIA PART II
BY WADE HORNSBY

11

NOV 2017

HARMONY AFTER THE HOLIDAYS
BY WILLIAM SOLARIS

20

JAN 2018

FOUR GOALS OF MISBEHAVIOR
BY JAMES CALDWELL

03

MAR 2018

RESTORING RELATIONSHIPS
BY LISA V. & DANA R.

14

APR 2018

IN FITNESS AND IN HEALTH
BY LISA VERNON

12

MAY 2018



FISD La Visión

Equipando estudiantes y familias para el éxito
Empowering students and families to succeed

CALENDARIO DE EVENTOS
2017-2018

clases para padres

jueves a las 6pm

12 de Octubre

Stonebrook Apt.

Sr. Castro/Ms. Montenegro

**Hábitos en el hogar que
conducen al éxito escolar.**

How to create and establish good
habits at home to help our students
succeed at school.

1 de Febrero

Carroll Elem.

Sr. Castro

**¡Comunicación!
En la casa y con la escuela
para mejorar los grados.**

Do you want your child to improve
grades at school?

12 de Abril

Stonebrook Apt.

Sr. Castro

**Formando familias de éxito
en la escuela, el trabajo y
el hogar.**

Empowering families to succeed in
school, home, and work.

9 de Noviembre

Frisco HS

Sr. Castro

**Adolescentes vs. Niños de
2 años ¿Oh serán iguales?
¿Cómo ayudarles?**

Understanding the changes in your
adolescent and in your two-year-old
child. How to help them?

1 de Marzo

Frisco HS

Collin College

**¿Necesita dinero para ir
al colegio o universidad?
No falte a nuestra junta de
información sobre FAFSA/
TASFA**

FAFSA/TASFA/Scholarship Literacy
Night



4 – MOCK SAT

Mock SAT dates and locations

Practice Test	Date	Location
Mock ACT	January 13	Frisco HS
Mock ACT	January 20	Wakeland HS
Mock SAT	January 27	Lone Star HS
Mock SAT	February 17	Wakeland HS
Mock ACT	February 24	Reedy HS
Mock ACT	March 24	Lone Star HS
Mock SAT	March 31	Frisco HS

Register online: www.mypaymentsplus.com
(This is the same account you use for lunch money)



800-2Review (800-273-8439) | www.Review.com

The Princeton Review is not affiliated with Princeton University.

COLLEGE INFORMATION AND VISITS

1 – OUR LADY OF THE LAKE UNIVERSITY

Naya Willridge is the new admissions counselor over the Dallas/ Fort Worth region. She will be back in the Dallas/ Fort Worth Area on December 12-14 to inform parents and students about our **On the Spot Admissions Decision Night**. Seniors who want to participate must bring a copy of their high school transcript and test scores, both can be unofficial for admissions purpose. During this time, she will also be able to notify student if they qualify for an academic scholarship.

On the Spot Admission Decision Night in Dallas/Fort Worth

<u>Tuesday, Dec.12</u>	<u>Wednesday, Dec. 13</u>	<u>Thursday, Dec. 14</u>
Appointments: 6 - 8 p.m. Hilton Garden Inn Dallas/Allen 705 Central Expressway South Allen, TX 75013	Appointments: 6 - 8 p.m. Hilton Garden Inn For Worth/ Fossil Creek 4400 North Freeway Fort Worth, TX 76137	Appointments: 6 - 8 p.m. Starbucks 1111 Mockingbird Lane Dallas, TX 75247

For more information please feel free to contact Ms. Willridge at nrwillridge@ollusa.edu or call at (210) 529-4352.

2 – THE UNIVERSITY OF TEXAS AT AUSTIN

Fall 2018 Freshman Application Deadlines Approach

As December 1 nears, here's some helpful information for you and your students about MyStatus, deadline specifics (including a reminder for students affected by Hurricane Harvey), Document Upload for application items, email and text reminders going to students, and extended hours and assistance from UT Austin.

UT Austin and the Coalition Application

UT Austin will accept the Coalition application beginning with the Fall 2019 admission cycle; learn what that means for you and your students.

For more information please visit: <https://www.utexas.edu/>

3 – COLORADO STATE UNIVERSITY

We know this is the season for application deadlines, and each one can operate a little differently.

Here's an overview of our **December 1 Early Action** date to help guide your conversations with students.

1

December 1 Early Action is not a deadline.

About 60% of freshmen will apply by December 1.

It is a **recommended application date**. In fact, to allow for postmark and processing of support documents, any student whose application is complete by **December 8** is "on time" for Early Action consideration.

WHAT'S REQUIRED

2

Early Action decisions are made in 2-3 weeks.

Our goal is to send out Early Action decisions before winter break.

Early Action applicants receive full admission review and automatic consideration for admissions-based scholarships.

FRESHMAN SCHOLARSHIPS

3

Early Action provides early access.

Early Action and Regular Decision selection criteria are the same. Early Action applicants have more choice and breathing room for their next steps.

Students admitted now gain early access to financial aid (in December), and deposited students can sign up first for housing (in November) and orientation (in January). In addition, high achieving students can turn their attention to applications for other scholarships and for the Honors Program, which expects to fill by February.

STEPS FOR ADMITTED FRESHMEN

4

Early Action is non-binding.

Students have until May 1 to deposit and secure their place at CSU.

We know financial fit will be an important deciding factor for many students and families, so we're regularly communicating about the four factors of financial fit and our net-price calculator to give families the tools they need in the decision process.

FOUR FACTORS OF FINANCIAL FIT

5

Early Action is open to everyone.

Every school has an assigned admissions representative available to answer questions, and we have a team of campus-based counselors who field questions from any area by phone and by email.

All students are eligible for Early Action consideration. If we need additional information before making a decision, we'll ask for it. Students are invited to contact their admissions counselor if they have questions about their credentials.

WHO WE LOOK FOR

[4 – FAPA.aero](#)

FUTURE & ACTIVE PILOT ADVISORS - BUILDING THE PILOT PIPELINE

FAPA Future Pilot Forums:

FAPA Future Pilot Forums offer future pilots of all ages including career changers, students in all grades, separating military personnel, spouses, parents, school counselors and teachers a FREE educational day about pathways to professional pilot careers.

The events will include a complimentary showing of the inspirational National Geographic documentary *Living in the Age of Airplanes*. Attendees are invited to attend in person or to view portions of the event via on-demand video later for free. All attendees should pre-register for either format at FAPA.aero/FuturePilot.

FAPA Pilot Job Fairs:

FAPA Pilot Job Fairs bring recruiters and job seeking qualified pilots together. Learn more and sign up at FAPA.aero/Jobs.

FAPA Future Pilot Forum & FAPA Pilot Job Fairs

Dallas/Fort Worth - Saturday | 12/9/17

FAPA Future Pilot Forum

(For future pilots of all ages):

Saturday, 12/9/17 | 1 - 6 PM

FAPA.aero/FuturePilot

FAPA Pilot Job Fair

(For job seeking, qualified pilots):

Saturday, 12/9/17 | 9 AM - 12 PM

FAPA.aero/Jobs

FAPA Event Location:

Embassy Suites by Hilton Dallas DFW Airport South

4650 West Airport Freeway, Irving, Texas 75062

Direct: (972) 790-0093

[Click here](#) to book with FAPA's group discount of \$109/night.

Deadline to book with the discount is Friday, November 17, 2017.

Parking is free!

To register visit: www.oafa.pitt.edu/visit or call 412-624-7717

5 – KU – UNIVERSITY OF KANSAS

Upcoming KU Deadlines and Reminders

Upcoming Deadlines

- KU's FAFSA priority date is Dec. 1 - encourage admitted students to file the FAFSA if they have not already. They can continue to apply after this date.
- For students interested in the Legal Education Accelerated Degree program (LEAD), encourage them to apply by the Dec. 1 priority date, law.ku.edu/lead.
- The Multicultural Scholars Program is taking applications, msp.ku.edu. Their first priority date to apply is January 2 and the final deadline to apply is Feb. 1, 2018.
- The Business Leadership Program's first application deadline is Dec. 1. Students must be freshmen business admits, have a 28 ACT or higher (with 26 math ACT or higher) and a 3.5 GPA or higher to apply. Details can be found at <https://business.ku.edu/business-leadership/overview>
- The first deadline to apply for the scholarship hall was Nov. 1 and the next deadline is March 1. Students must fill out a housing contract and submit the scholarship hall application, <http://housing.ku.edu/scholarship-halls/how-to-apply>

Spring Visit Registration Open

Our visit opportunities are customized for meeting student's goals based on where they are on their path to college. Encourage students to sign up for the campus visit that fits them. Registration can be done online at visit.ku.edu

A popular visit option for juniors is Junior Days. This full-day experience costs \$15 per person, and includes:

- an academic information session
- a walking tour of campus led by a student ambassador
- a tour of the Booth Family Hall of Athletics and the DeBruce Center
- a residence hall tour
- a KU T-shirt
- a light breakfast and lunch at Mrs. E's

Registration for Spring 2018 [Junior Days](#) will open on January 2, 2018.

6 – WICHITA STATE UNIVERSITY



FINANCIAL AID AND SCHOLARSHIP AWARDS WILL BE RECEIVED BY HOLIDAY BREAK

Wichita State is encouraging admitted students to complete their FAFSA by the priority date of Dec. 1. Eligible students will receive one comprehensive letter containing both their scholarship and financial aid award shortly before the university's holiday break. Visit wichita.edu/financialaid for more information.

JOB, VOLUNTEER & INTERNSHIPS OPPORTUNITIES

1 – FRISCO FIRE SAFETY TOWN VOLUNTEER OPPORTUNITY

Once again this year we invite our great FISSD teens to earn Community Service Hours as a teen volunteer at Safety Town.

Currently we have openings for those with early release to assist on Tuesdays/Thursdays with our Scout Programs at Frisco Fire Safety Town.

Volunteer position: Teen Scout Program Helper

Requirements: min. age 15. / must have early release days / creation of profile on MyVolunteerPage.com and, if 18+ years old, a background check.

Shifts: Tuesday and Thursday 3:00 -5:00 pm. (Online sign ups available; choose the dates you are available.)

Duties: assisting the firefighter who teaches boy/girl scout safety education programs with class related activities and bike ride time. Must enjoy working with children; prefer someone who is a self-starter, has high energy and takes direction well.

How to sign up for Scout Helper? Email Jennifer Tramel at JTramel@friscofire.com to schedule an interview for Scout Helper position.

Those interested should act now as there are a limited number of spots available.

In addition there are **evening event opportunities for all teens** (15 & older) coming in December. Volunteer registration link & more information on our website: www.FriscoFireSafetyTown.com.



CURRENT TEEN Volunteer needs for 2017

Minimum Age to Volunteer 15 Years Old.

We are looking for TEEN volunteers to assist at Safety Town in a variety of ways

School Year Scout Program Volunteer – Assist with our weekly safety programs for scouts

- Must have early release from school to work this shift.
- Tuesdays or Thursdays 3:00 – 5:00 p.m.
- Duties: -Assist with class related activities including bike ride time in our town; Help kids with helmets, bike selection, seat adjustment and clean up at end of program.
- Physical Requirements: most duties are performed outdoors and may require lifting of over 20 lbs. Requires frequent bending and pulling and pushing.
- Equipment: small hand tools to adjust bike seats. Use of disinfecting spray to clean helmets.
- An in person interview will be conducted.

Event Volunteers -Assist with our public, night time events

Trick or Treat Event – Oct. 27, 6-9 PM

- > Training and Volunteer shirt pick up Oct. 22nd
- > Volunteer arrival for event night: 4:30 -5:00 PM
- > Volunteer shift for event 4:30 -9:30 p.m.
- > No parking on site---plan to be dropped off, use the shuttle or park & walk.
- >Teens help with a variety of duties from candy distribution to safety house helper, to sign holder.

Holiday Lights – Dec. 8 & 9, 6-9 PM

- >Volunteer arrival 5:30 PM
- >Volunteer shift 5:30 -9:15 PM
- >Limited parking on site.
- >Teens help with a variety of duties from safety house monitor to face painting.
- >If you or someone you know can serve as a face painter please select that option under your General Interest in your MyVolunteerPage.com profile.

To Volunteer with us.....

Create or update a profile at www.MyVolunteerPage.com. From the home page, Search Frisco, Select Safety Town, then – for a new account, 'Fill in Application' or if you already have a profile, log into your MVP account. If you are 18 now or will be soon, you will need to complete an annual background check also.

Please email Jennifer Tramel directly if you are interested in the Scout Helper position to set up an interview:
JTramel@friscofire.com.

2 – MARKET STREET – JOB OPPORTUNITY

We hire from 15 years on up and have many positions and departments available.



**NOW
HIRING**
FOR OUR NEWEST STORE!

JOIN US FOR OUR JOB FAIR

Grace Avenue United Methodist Church
3521 Main Street • Frisco, Tx

Wednesday, Dec. 6th 10am - 7pm
Thursday, Dec. 7th 10am - 7pm
Friday, Dec. 8th 10am - 7pm
Saturday, Dec. 9th 9am - 1pm

www.marketstreetunited.com/careers

**Market
STREET**