





# Counselors

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# IMPORTANT INFORMATION

#### **MARK YOUR CALENDARS**

The Counselors will also be hosting **HOT TOPICS!** throughout the school year. These presentations will be over important information parents of high school students need to know.

(These dates are subject to change so please refer to the FHS website or future newsletters to confirm the dates.)

All sessions will be held in the FHS Auditorium beginning at 8:15 a.m.

Students and Parents are welcome!!

Coming up!

Friday, April 13, 2018
From stress to rest; how you can find balance

## SCHOLARSHIP OPPORTUNITIES

1. 2018-2019 NORTH TEXAS LATIN AMERICAN PHYSICIANS ASSOCIATION'S (NTLAPA)
"MAKE A DIFFERENCE" UNDERCLASSMAN SCHOLARSHIP

"Making A Difference" Underclassman Scholarship Program 2018-2019

The North Texas Latin American Physicians Association (NTLAPA) and NTLAPA Charitable Foundation (NCF) are local non-profit organizations of Physician and Professional Healthcare Leaders working together to improve the quality of healthcare for the communities in North Texas through scholarship and community support.

- 1. DEADLINE for scholarship applications is **May 31<sup>st</sup>**, **2018**. (No exceptions).
- 2. Refer to application process below for eligibility requirements and a list of the supporting documents needed (i.e., reference forms, evidence of GPA, etc.) Incomplete applications will not be considered.
- 3. If any question does not apply to you in this application please put N/A in the space.
- 4. Type or print legibly. Illegible applications will be returned to you. You may also download a copy of the application online at <a href="https://www.NTLAPA.com">www.NTLAPA.com</a>.
- 5. You will be notified by mail on or about **June 30<sup>th</sup>, 2018** regarding the status of your application.
- 6. If you have any questions about the application, please call the NTLAPA/NCF office at (214) 457-9378 or email us at <a href="NTLAPA@live.com">NTLAPA@live.com</a> (Dr. Raymond Munoz, Scholarship Committee Chairman or Dr. James Chanez NTLAPA/NCF President).

**Purpose:** To provide scholarships for up to six (six) deserving Latin-American graduating high school or current underclassman college students from (or new to) the North Texas Region seeking a healthcare profession especially in medicine. (See full criteria below) (**NOTE:** North Texas Region area includes the following counties: Collin, Dallas, Denton, Ellis, Franklin, Erath, Hood, Hunt, Grayson, Johnson, Kaufman, Navarro, Palo Pinto, Parker, Red River, Rockwall, Somervell, Tarrant, and Wise). **If you feel you are eligible for other geographical reasons, please contact us.** 

**Award Components:** Up to six (6) \$500 scholarships and individual certificates awarded to up to six (6) in coming or current underclassman college students selected by the NTLAPA/NCF Scholarship Committee seeking a healthcare profession in medicine.

#### Criteria:

- 1. Applicant must be: a) an underclassman college student already enrolled at an accredited North Texas university/college in the 2018-2019 fall school year, or b) a graduating high school senior from the North Texas Region (see above for area criteria) who will be enrolled in an accredited university/college in North Texas in the 2018-2019 fall school year.
- 2. You or your family (parents, grandparents) must be descended from at least one of the following countries: Spain, Mexico, Guatemala, Honduras, El Salvador, Costa Rica, Nicaragua, Panama, Colombia, Venezuela, Ecuador, Peru, Argentina, Chile, Bolivia, Uruguay, Paraguay, Cuba, Puerto Rico, or the Dominican Republic. Students from Brazil are eligible to apply. However, if you feel you are eligible for other reasons, please contact us.
- 3. Applicant must demonstrate positive-impact involvement consistent with capacity and circumstances and/or significant improvement/success in scholarship and community involvement, determined through letters of recommendation.
- 4. Scholarship can only be won twice (2) by same student.

#### **Application Process:**

Applicant must submit the following items:

- 1. Completed application form (if handwritten, please print legibly)
- 2. Letter of Application (Personal Letter) addressed to the NTLAPA/NCF Scholarship Committee. The letter should contain a very brief explanation of career goals and biographical (background) information.
- 3. Two (2) letters of recommendations from choice of professors/teachers, administrators, counselors, employers, or professional individual with significant knowledge of applicant's experience and involvement.
- 4. Direct from your school, a Summary Profile Sheet and Record of High School/College Work or an official recent college or High School transcript with cumulative GPA and a class standing/rank.
- 5. Personal Essay. In your essay, please answer the question on the enclosed essay form. **How have you made a positive difference?**

**Deadline** for the application is **May 31**<sup>st</sup>, **2018**. Applications postmarked after this date will not be considered.

#### Please mail form to:

"Making a Difference" Underclassman Scholarship Program
NTLAPA/NCF
8230 Walnut Hill LN., Ste. 804
Dallas, Texas 75231

For more information and application form, please visit the attachment for the 2018-2019

North Texas Latin American Physicians Association's (NTLAPA) "Make a Difference"

Underclassman Scholarship application.

### IMPORTANT INFORMATION

#### 1- FREE DYNAMIC SAT/ACT WORKSHOP



# FREE DYNAMIC SAT/ACT WORKSHOP

THE KEY TO COLLEGE BREAK THROUGH IS FINALLY HERE!

FREE TESTING AND PREPARATION FOR THE UPCOMING SAT/ ACT EXAM

CREATE A DESIRED GOAL AND PASS THE ACT/ SAT EXAM WITH A SATISFACTORY TEST SCORE

THIS WORKSHOP WILL HELP YOU:

- ELIMINATE TEST ANXIETY
- O MAXIMIZE STUDY SKILLS
- UTILIZE EFFECTIVE STRATEGIES OF TEST TAKING
- STRENGTHEN YOUR WEAKNESSES IN MATH ON THE SAT AND ACT

ELEVATE YOUR SKILLS UPON ENROLLMENT WITH INDIVIDUALIZED OR GROUP TEACHING INSTRUCTION FOR THE SAT/ ACT EXAM

STUDENTS IN GRADES 7-12 CAN ARRIVE TO THE GRADE POWER

CENTER ON THE LAST SATURDAY OF EACH MONTH TO GET FREE

ACADEMIC SUPPORT ON THE MATH SAT AND ACT EXAM

NEXT CLASS IS FEBRUARY 24, 2018. CLASS TIMES ARE 11-1PM.

**UPCOMING SAT TEST DATES ARE: MARCH 10, MAY 5 AND JUNE 2, 2018** 

**UPCOMING ACT TEST DATES ARE: APRIL 14, JUNE 9, AND JULY 14** 

SPACES ARE LIMITED! TO REGISTER:

Contact Grade Power Learning FRISCO today @ (972) 325-1195 or come into our office at 8811 Teel Parkway Suite #250, Frisco, TX 75034 to see how we can take your child's learning to the next level!

# **2- MOCK SAT DATES AND LOCATIONS**

Mock ACT	March 24	Lone Star HS
Mock SAT	March 31	Frisco HS

Register online: www.mypaymentsplus.com (This is the same account you use for lunch money)





800-2Review (800-273-8439) | www.Review.com

The Princeton Review is not affiliated with Princeton University.

# COLLEGE INFORMATION, VISITS AND SUMMER PROGRAMS

#### 1 – SAM HOUSTON STATE UNIVERSITY – COLLEGE OF CRIMINAL JUSTICE

Are you a high school student age 15-17 interested in criminal justice? Would you like to gain hands-on experience in criminal justice? Would you like to meet law enforcement agents, professors, and other students that share your interest? Would you like to tour the prison, crime lab, or morque? Would you like to investigate a mock crime scene?

If you have dreams of a career in criminal justice, come get a glimpse of the real deal. Visit with law enforcement agents, professors, and criminal justice students, as well as go on tours of a prison, crime lab, and morgue. Participate in activities that give you hands-on experience, such as investigating a mock crime scene, being arrested, arresting someone else, and the like.

Past camps have had speakers from the DEA, U.S. Marshals, FBI, Houston Fire Investigation, U.S. Military Police, Texas Department of Criminal Justice, Harris County Medical Examiner's office, Huntsville Police, and Sam Houston State University. Past camp activities have included introductions to forensic technology, martial arts, law, and team-building exercises. For a better idea of the activities last years campers were engaged in, check out a <u>sample itinerary</u>.

One past camper when asked what his/her favorite activity was answered: The "crime lab. I liked to see all the evidence and see equipment used to find evidence."

Come experience four straight days in the field of criminal justice! Can't wait to see you!!!

#### CJ Summer Camp 2018 Dates

• Session I: June 10 - 14

• Session II: June 24 - 28

• Session III: July 8 - 12

• Session IV: July 15 - 19

#### **Summer Camp Forms**

Application

#### Additional Information:

• The cost of this year's camp is \$700. This includes living accommodations in an on-campus dorm, as well as all meals and activities.

- Round trip airport transportation is offered from George Bush Intercontinental Airport ONLY for an additional \$150 fee.
- Participants must be 15-17 years of age at the time of the designated camp session.
- All applications must be postmarked by March 30, 2018.
- Notification letters will be mailed out by May 1, 2018.
- Complete camp payment must be received no later than June 1, 2018.
- No refund will be given if cancelation is within two weeks of designated camp session.

For more information about CJ Summer Camp, please contact:

CJ Advising Office (936) 294-3170 cjadvising@shsu.edu

#### 2 – SFA - UPCOMIG SATURDAY SHOWCASE

This is a reminder about SFA's upcoming Showcase Saturday scheduled for **THIS** Saturday, February 24<sup>th</sup>.

It will be held from 12-5pm on the SFA campus. Students can register online at <a href="https://graphite.sfasu.edu/showcase-registration/">https://graphite.sfasu.edu/showcase-registration/</a> or in person when they arrive.

Information on the event can be found at <a href="http://www.sfasu.edu/admissions-and-aid/visit-campus/showcase-saturday">http://www.sfasu.edu/admissions-and-aid/visit-campus/showcase-saturday</a>.

#### 3 – HBCU TOUR SPONSORED BY TABSE – SPRING BREAK COLLEGE TOUR

Spring Break College Tour- HBCU tour sponsored by TABSE (Texas Alliance of Black School Educators). The tour has taken place annually for over 20 years. You can get more information about the organization at <a href="https://www.tabse.net">www.tabse.net</a>. This will be a great opportunity for African American students to visit college campuses and experience its culture.

For scholarship application form, please visit the files attached to this newsletter.





# **HBCU** (Historical Black College/University)

#### SPRING BREAK COLLEGE TOUR

Date: March 13-18, 2018
Tour: Hampton University (VA) & Howard University (DC)

This trip is for students in grades 9th-12th and will be a great opportunity.

If interested, please do the following....

>>> Go to link http://tabse.net/college-tour and download the application form

>>>Complete application form and mail it with \$610 payment (\$10 app. Fee, \$600 tour fee covers seat on charted bus, hotel in VA & DC, & attractions) to:

NASBE-College Tour C/O Mr. Dennis Dunkins P.O.Box 50836 Fort Worth, TX 76105

\*Make check payable to: NABSE (National Alliance of Black School Educators)

>>> Please contact a coordinator below to: inform your payment is being mailed, volunteer as chaperone, or further questions.

Tour Coordinator: Tour Coordinator Assistant:

Dennis Dunkins Sr. OR Donielle Lee

Phone: 817-536-4195 Phone: 504-339-6955

Email: ddunkins0940@sbcglobal.net Email: DonielleRene@gmail.com







>Visit Attractions: Congressional Buildings, Library of Congress, African American Museum, Arlington Cemetery , Great Blacks Wax Museum

EXTENDED NEW PAYMENT DEADLINE IS

\*\*\*\*<mark>\*\*\*\*\*\*March 1, 2018\*\*\*\*\*\*</mark>

#### 5- NEW YORK FILM ACADEMY - WALT DISNEY WORLD SUMMER CAMP - EARLY BIRD DISCOUNT

Early Bird Discount for NYFA Teen Summer Camp at Walt Disney World. This is truly a wonderful opportunity for students to study in their area of discipline and walk away with a portfolio they can add towards their college application.



New York Film Academy is offering an Early Bird discount on our Film and Acting Camps for Teens at Walt Disney World® Resort, Florida. Students will have the amazing opportunity to film and act at Walt Disney World® Resort, which may include the World Showcase at Epcot.

Students who apply and make a deposit of \$500\* or more for one of our Summer 2018 Film or Acting Camps in Orlando, Florida now through March 1st will receive the following discounts:

- \$100 off all 1-Week Filmmaking and Acting for Film Camps
- \$300 off all 3-Week Filmmaking and Acting for Film Camps



\*Discount cannot be applied to deposit

All programs and workshops are solely owned and operated by the New York Film Academy and are not affiliated with Universal Studios, Harvard University, or Walt Disney World® Resort

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#### 6- KANSAS UNIVERISITY - UPCOMING KU DEADLINES AND REMINDERS

#### Beyond Crimson and Blue Counselor Day - Save the Date

Join us on March 27 to learn about recent campus initiatives, hear from admissions representatives, academic departments and current KU students. We'll also show you around our newest campus buildings. Be on the lookout for an invitation from us soon!

#### Scholarship Hall Deadline March 1

KU's scholarship halls have a lower housing rate because students complete four to six hours of weekly duties, such as cooking or cleaning for the 50-person community. The priority deadline to apply for these on-campus housing options is March 1.

#### **Spring Visits**

Visiting campus is one of the best ways for students to get a feel for life as a Jayhawk. We offer options including Admitted Senior Days, Jayhawk Days and Junior Days. Online registration is required for these visits.

**SPRING VISITS** 

# JOB, VOLUNTEER & INTERNSHIPS OPPORTUNITIES

#### 1 – FHS BASEBALL CONCESSION - VOLUNTEER OPPORTUNITY

Please consider signing up to help with concessions at baseball games. This is a great opportunity to earn volunteer hours!

Coverage still needed for:

Thursday 2/22 from 7:15-9:30 | Friday 2/23 from 5:00-7:15 | Friday 2/23 from 7:15-9:30

View the Sign Up

For more information, please contact Ms. Michelle Morales with any questions. P: 214.823.4819

#### 2 – ART IN THE SQUARE - VOLUNTEER OPPORTUNITY

**Art in the Square** art festival is looking for volunteers. If you need to service hours this is a great opportunity. The dates of the festival are March 24<sup>th</sup> and 25th.

Please note, to volunteer, you must be 16 years of age or older and you must sign up on this form. We cannot accept volunteers during the festival who have not signed up in advance.

The link to the sign-up sheet is <a href="http://www.signupgenius.com/go/30e0948afa62ca6fd0-arts2">http://www.signupgenius.com/go/30e0948afa62ca6fd0-arts2</a>

If you would like more information about the festival, please check out the web site at <a href="http://friscosquare.com/aits/">http://friscosquare.com/aits/</a>

#### 3 – STEAK N' SHAKE – JOB OPPORTUNITY

Steak n' Shake is currently looking to hire new associates. We have openings for Servers, Cashiers, Drive Thru Operators and Associates. We are looking for Nights and Weekends. Our scheduling is very flexible and the minimum age requirement is 16 years old.

If you are interested, please contact: Jeremy Tan - General Manager

3440 Preston Rd - Frisco, Texas - Phone: 318.344.6524

# 4 – TJ MAXX – JOB OPPORTUNITY –PROSPER LOCATION

## Come see what opportunities are in store for you!

Apply in person at our hiring event February, Friday 23rd & Saturday 24<sup>th</sup> from 8 am – 5 pm.

Address: Comfort Inn and Suites - 4220 Preston Rd., Frisco

Phone: 972-439-6172