

## Grief Books for Teens

- Healing your Grieving Hearts for Teens (100 Practical Ideas) by Alan D. Wolfelt – I have this book and you are welcome to check it out.
- Helping Teens work through Grief by Mary Kelly Perschy
- You Are Not Alone: Teens Talk About Life After the Loss of a Parent by Lynne Hughes

This link gives some books for middle school students that you might be able to use – Journey of Hope Grief Support Group Resources:

[http://www.johgriefsupport.org/younger\\_teens.htm](http://www.johgriefsupport.org/younger_teens.htm)

They use material by Alan Wolfelt.