



Tammy Mumford

CTE Department

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Bio & Education

Hello! My name is Tammy Mumford. I grew up in Plano Texas and graduated from Plano Senior High School. I then attended Oklahoma City University on a basketball scholarship. I have been married for 21 years and we have a beautiful 11 year old daughter and two dogs (Bordeaux Mastiffs). Our daughter keeps us busy with Club Soccer, Volleyball, Basketball, Softball, MMA and this year decided to play the trumpet. I taught in Plano for 8 years before joining FISD in 2009. I am proud to have been at Heritage when the doors first opened. I love being around my family and friends, entertaining and traveling to beaches.

Course Taught

“A” Day:

1A Introduction to Culinary Arts
2A Introduction to Culinary Arts
3A Student Council

“B” Day:

1B Introduction to Culinary Arts
2B Introduction to Culinary Arts
3B Introduction to Culinary Arts

Tutorials

Tuesday & Thursday AM
By appt. anytime needed

Activities/Hobbies

- 🐾 Volleyball/Soccer
- 🐾 Fantasy Football
- 🐾 Games – Any kind, I love competition
- 🐾 Cooking/Entertaining
- 🐾 Traveling/Beaches/Being with friends and family

We Are... **HERITAGE**