

Teen Safe: A Parent Quiz on Alcohol and Drug Abuse

1. The leading cause of death among U.S. teenagers is

- a. Cancer
- b. Unintentional Injury
- c. Pneumonia
- d. Homicide

2. Approximately what percentage of teen car crash fatalities are directly linked to alcohol?

- a. 25%
- b. 35%
- c. 45%
- d. 75%

3. Taking away car keys and then allowing teens to drink in your home may result in which of the following?

- a. A serious alcohol-related injury or death
- b. Criminal prosecution under the Mass. Social Host Law
- c. Civil liability in the case of intoxication, injury or death
- d. All of the above

4. The last part of the brain to develop is the one responsible for:

- a. Vision
- b. Memory
- c. Coordination
- d. Impulse control/Judgment

5. Compared to intoxicated adults, intoxicated adolescents are likely to be:

- a. More physically impaired, more mentally impaired
- b. Less physically impaired, less mentally impaired
- c. Less physically impaired, but just as mentally impaired
- d. Just as physically impaired, but less mentally impaired

6. Which of the following strategies has been shown effective in reducing teen substance use?

- a. Setting and enforcing age-appropriate limits
- b. Talking with your teen frequently about the dangers of alcohol and drugs
- c. Setting a good example
- d. All of the above

7. During senior year in high school, approximately what percentage of students are current drinkers?

- a. 40%
- b. 50%

- c. 20%
- d. 30%

8. Which of the following may be signs of a substance use disorder?

- a. Missing money
- b. Falling grades
- c. Sudden, severe mood swings
- d. All of the above

9. More teens are in treatment for addiction to this drug than for all other illegal drugs combined:

- a. Marijuana
- b. Narcotics (oxycodone, heroin)
- c. Methamphetamine
- d. Cocaine

10. If you suspect that your teen might have a substance use problem, the best course of action is to:

- a. Search her room for hidden alcohol or drugs
- b. Demand a drug test
- c. Seek immediate help from a healthcare professional
- d. None of the above

The correct answers are:

- 1 – b. Unintentional Injury
- 2 – b. 35%
- 3 – d. All of the above
- 4 – d. Impulse control/Judgment
- 5 – c. Less physically impaired, but just as mentally impaired
- 6 – d. All of the above
- 7 – a. 40%
- 8 – d. All of the above
- 9 – a. Marijuana
- 10- c. Seek immediate help from a healthcare professional