## Student and Parent Empowerment Program: Magic, Memories, and Moments that Matter!

If you want to build relationships with your students in ways you have never done before and improve your health, <u>DON'T MISS</u> April 25<sup>th</sup>.

The **Student and Parent Empowerment Program** is an opportunity for you and your FISD student(s) to take a few hours out of your busy schedules to learn, experience, and share about real life topics that will provide lifelong skills for your children and empower you to be the best parent you can be.

The Student and Parent Empowerment Program is for parents and students that are looking to:

- Have fun while learning about exciting topics, technologies, and life skills together.
- Enrich your life through growth and development from overcoming your fear of public speaking to understanding the maze of social media, or learning how to create a budget.
- Grow together students and parents meet separately and then come back together, either at home or during the program, to reflect on what they learned.
- Discover and become the best you can be.
- Learn something new that will help put you on the path to a happy and successful life.

The program is designed to combine interactive exercises, real-life experiences, and open dialogue to enrich the lives of our children and give parents a toolbox for success in helping your children navigate middle school, high school, and beyond.

If you have any questions, please contact Dr. Larry Lewis at 469-633-6703.

To register, email to lewisl@friscoisd.org.

Join the Life Changing Experience of the Student and Parent Empowerment Program!

Who: 6<sup>th</sup> – 12<sup>th</sup> grade Boys & Girls and

their Parents

When: Saturday, April 25, 2014 Time: 7:15 a.m. – 2:30 pm

Where: CAMP WISDOM BOY SCOUT

**CAMP** 

6400 West Red Bird Lane Dallas 75236 972-298-2177

<u>Please note address and time change</u> for this session

Session Topic: "Building Healthy Family Relationships through Challenging Outdoor Personal Experiences (COPES)"

featuring Camp Wisdom Staff

The Session Agenda:

7:15 am Depart Student Opportunity

Center

8:30-1:15 pm COPES Session at Camp

Wisdom

1:30 Depart Camp Wisdom 2:30 Arrive at SOC

Please register by email at <a href="mailto:lewisl@friscoisd.org">lewisl@friscoisd.org</a> or 469-633-6703

PLEASE NOTE: Parent/Guardian and student(s) attend this program together.

Our <u>May 16<sup>th</sup></u> topic will be:

"S.T.E. M. (Science, Technology, Engineering and Mathematics) DAY"